

# ERASMUS+ Intensive English Language

## For Teachers and Educators using English as a Foreign Language

### Course Ref: EPCY 1 Intensive English Language

EPCY 1.1 One week  
EPCY 1.2 Two weeks

#### Entry Level:

Minimum Level English CEFR A1

#### Language of tuition:

English

#### Daily Teaching Sessions

**Morning:** 4 x 45 minutes (3.00 hrs)

**Afternoon:** 2 x 45 minutes (1.30 hours)

#### Total course contact hours:

1 week: 22.5 hours

2 weeks: 45 hours

Maximum class size: 15

### Course Provider: English in Cyprus

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#### in association with:

Shadows Professional  
Development Ltd  
OID E10070815

# ERASMUS+

#### This course will benefit:

Teachers who are non-native speakers of English, who are required or intend to teach English, or a subject through English (CLIL) as well as those planning to start teaching English.

Other school educational staff.

Those who need to develop their language skills to study relevant literature or publications in English.

Staff needing to work on projects/exchange programmes/committees with an international dimension.

Those who need to liaise with English-speaking colleagues, peers or parents.

#### Objectives

- To improve individual competency, language skills and fluency in English language in a multi-national environment
- To deliver key language and communication skills to those working with English in educational, social and vocational contexts
- To promote communication in English between teachers, educational staff and students
- To develop participants' competences in communicating and sharing of knowledge/experiences in English at conferences and training courses
- To increase ability to read and understand professional articles and journals published in English
- To sample and enjoy Cypriot history and culture
- To provide the platform for participants to acquire language skills to be able to teach and communicate in English more efficiently.

#### Preparation Pre-course Preparative Modalities:

- Needs Analysis
- Online resources for pre-course, arrival and cultural information
- Online language level assessment

#### Practical Arrangements Intra-Course Modalities offered by the Course Provider

- Course tutor
- Pedagogic learning materials included
- Setting of learning objectives
- Ongoing assessment and evaluation including feedback on progress
- Guidance and advice on homework exercises
- Accommodation service & pastoral care: 24hr weekend emergency contact
- Optional additional language workshops
- City orientation tour and welcome activity
- Access to school study and media centre

#### Follow up provided Post-Course Modalities

- A Certificate of Attendance and Achievement
- Europass Mobility
- End of course test and programme evaluation
- Post-course Facebook forum

## Course Content and Strategies

The key concept of the course is communication. We use task-based, collaborative and humanistic approaches to create a positive learning environment where the focus is on practical classroom activities. This covers all aspects of English language skills - speaking, listening, reading, writing and mediation as well as pronunciation, vocabulary and grammar activities.

Class dynamics include individual, pair and group work, discussions, debates, roleplays, presentations, written tasks and listening exercises. Through a friendly, supportive atmosphere, participants are encouraged to share their own ideas and experience while sharing with other international students.

Participants receive weekly feedback based on both self-evaluation and personal tutorials with the teachers, where objectives are reviewed, progress is discussed and homework is set, if necessary. Areas for improvement are addressed through revision sessions, progress tests and additional language and cultural workshops.

### Sample Programme

This is a sample of a schedule which can be adapted to suit the participants' needs.

Two-Week Course - Total minimum number of course contact hours: 45 hours.

Afternoons: After class Optional Workshop and Activities

First day 08.00-09.00 : welcome, oral testing, orientation and briefing before class begins					
WEEK 1	Day One	Day Two	Day Three	Day Four	Day Five
09.00 – 10.30	Intensive English Language	Intensive English Language	Intensive English Language	Intensive English Language	Intensive English Language
10.45 – 1.00	Intensive English Language	Intensive English Language	Intensive English Language	Intensive English Language	Intensive English Language
Lunch Break					
1.30 – 3.00	Intensive English Language	Intensive English Language	Intensive English Language	Intensive English Language	Intensive English Language

Sat	<b>CULTURAL TRIP: One Full Day Cultural Visit included in Two-Week Course (optional for 1-wk course)</b>
Sun	<b>INFORMAL LEARNING: Personal research, cultural visits and activities, practising language skills</b>

WEEK 2	Day One	Day Two	Day Three	Day Four	Day Five
09.00 – 10.30	Intensive English Language	Intensive English Language	Intensive English Language	Intensive English Language	Intensive English Language
10.45 – 1.00	Intensive English Language	Intensive English Language	Intensive English Language	Intensive English Language	Intensive English Language
Lunch Break					
1.30 – 3.00	Intensive English Language	Intensive English Language	Intensive English Language	Intensive English Language	Intensive English Language

## Outcomes

- Gain a deeper understanding of English language skills: reading, writing, listening, speaking, mediation, fluency and accuracy
- Feel more confident in using the English language
- Acquire a hands on approach how best to use class dynamics
- Understand and practise new and established teaching methodologies and classroom practices
- Learn how to integrate ICT into everyday teaching
- Sample the taste of Cypriot culture and history
- Benefit from social networking and exchange of best practice
- Establish professional cooperation and links
- Gain insights into other European systems of education
- Discover Erasmus+ potential for professional development

## Intensive English Language Course Topics

### Reading Skills...

Exposure to and practice of main types of reading techniques to gain deeper understanding and focus attention on linguistic, semantic and surface details

### Writing Skills...

Formal and informal writing practice to develop fluency and understanding of register. Look at fundamentals of accuracy, cohesion and coherence. Writing activities may be set for homework.

### Listening Skills...

Provision of a variety of listening activities to help students develop effective listening strategies for global comprehension and intensive listening

### Speaking Skills...

A range of activities to encourage communication is key to our teaching to improve accuracy and fluency in authentic contexts.

### Vocabulary...

Vocabulary represents one of the most important skills necessary in learning a foreign language. Our lexical approach encourages the linking of words, chunks formed by collocations and fixed phrases

### Culture

Cultural visits and activities