

# ERASMUS+

## Intensive General English 1 to 8 Weeks

### Course Ref: TR 1 Entry Levels

CEFR A1 to C1

### Daily Teaching Sessions

#### Morning:

4 x 45 minutes  
(Total = 15 hours/week)  
Monday to Friday

#### Afternoon:

2 x 55/60 minutes  
(Total 7.5 hours/week)  
Monday to Thursday

#### Total course contact hours:

22.5 hours (30 lessons) per week

Maximum class size 12

#### Fees

1 week €440

2 weeks €860

#### Course dates

Start any Monday

### Course Provider:

#### The English Language Centre, Brighton

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33 Palmeira Mansions

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### in partnership with:

#### Shadows Professional Development Ltd

PIC 949086219

# ERASMUS+

This course is suitable for teachers who are non-native speakers of English and

- Improve their personal fluency for teaching
- intend to teach their subject(s) through the medium of English (CLIL) **or**
- are planning to start teaching English **or**
- need to develop their language skills in order to study relevant literature and publications in English or to communicate within international projects.

### Objectives

The course is designed to give participants working with English the key language and communication skills necessary in educational, social and vocational contexts.

The course provides a balanced programme focussing on the 4 skills of speaking, listening, reading and writing whilst covering essential grammar, vocabulary, pronunciation and colloquial language. Small groups allow concentrated, focussed study of English. The course provides effective training for teachers to better enable them to teach and communicate in English confidently and efficiently.

### Preparation

#### Pre-course Preparative Modalities:

- On-line Language Level Assessment
- Needs Analysis
- Pre-Course Reading List
- On-Line Participants' Forum
- Pre-Course Cultural Counselling
- Pre-Course UK Practical Arrangements

### Practical Arrangements

#### Intra-Course Modalities offered by the Course Provider

- Course Tutor
- Pedagogic Learning Materials Included
- Exchange of Best Practice
- Participants' Evaluation Feedback
- Pastoral Care, 24 hr Emergency Number
- Accommodation Service
- Optional Cultural Activities and Visits

### Follow up provided

#### Post-Course Modalities

- A Certificate of Attendance and Achievement
- Europass Mobility
- Post-Course Forum
- Applicant Dissemination and Exploitation Advice

## Intensive General English

### Course Topics

#### Listening Skills

A range of activities and listening types will be used to enable participants to develop confidence in their listening skills.

#### Speaking Skills

Speaking skills are a core part of all lessons. A range of activities are used to develop confidence and fluency in speaking in a friendly, supportive classroom atmosphere.

#### Reading Skills

A range of texts and tasks are used to enable students to read and extract relevant information effectively, and extend their vocabulary and grammar.

#### Writing Skills

Students will develop and practise key aspects of writing skills in order to write a variety of text types appropriate to their level. Writing tasks may also be set for homework

#### Grammar Awareness

The necessary grammar for effective communication will be presented and practised in a variety of contexts appropriate to the level of the class.

#### Vocabulary

Vocabulary development is a core part of all lessons and the course. A variety of activities and techniques will be used to build students' range of vocabulary and enable them to remember and use words and phrases correctly.

## Course Content and Strategies

The Intensive General English course is designed for participants looking for an intensive, in-depth study of English. The course develops all aspects of English - listening, speaking, reading and writing as well as grammar, vocabulary, pronunciation idioms and colloquial language. Classes are offered at 7 levels from Beginner to Advanced with up to 12 students in each class.

The class teacher is responsible for the class's progress and academic welfare, in liaison with the academic management team. Homework is set every day and there are student progress tests every 2 weeks, the results of which are monitored by the academic management team. Students have regular tutorials with their teachers to discuss their progress and ways to maximise their learning.

### Sample Programme

**Course Duration 1 to 8 Weeks - course contact hours: 22.5 hours PER WEEK**

**This is a sample schedule which may be adapted to suit the participants' needs.**

**Two-Week Course - Total number of course contact hours: 45 hours**

WEEK 1	Day One	Day Two	Day Three	Day Four	Day Five
08.30-10.30	Welcome - Testing and Evaluation ELC Orientation	Lessons will be based around topics underpinned by a course book. All four skills (speaking, listening, reading and writing) will be developed through an integrated approach. There is greater emphasis on the presentation and practise of grammar, and development of key vocabulary.			
11.00-12.30	First Lesson with new class				
Lunch Break					
13.30-14.25	Reading, writing and vocabulary elective: Build vocabulary and learn techniques to remember and use more words and phrases appropriately. Develop and practise reading and writing skills.				Free afternoon for self-study or optional activities
14.35-15.30	Speaking, pronunciation and listening elective: Develop real-life conversation skill and fluency. Improve pronunciation so that people can understand better				
15.30-17.30	Supervised self-study in the study centre or optional activities.				

<b>Sat and Sun</b>	<b>INFORMAL LEARNING: personal research, cultural visits and activities, practising language skills</b>
<b>Sat or Sun</b>	<b>CULTURAL VISIT: One Full Day Excursion included in Two-Week Course (optional for 1-wk course)</b>

WEEK 2	Day One	Day Two	Day Three	Day Four	Day Five
09.00-12.30	Lessons will be based around topics underpinned by a course book. All four skills (speaking, listening, reading and writing) will be developed through an integrated approach. There is greater emphasis on the presentation and practise of grammar, and development of key vocabulary.				
Lunch Break					
13.30-14.25	Reading, writing and vocabulary elective: Build vocabulary and learn techniques to remember and use more words and phrases appropriately. Develop and practise reading and writing skills.				Free afternoon for self-study or optional activities
14.35-15.30	Speaking, pronunciation and listening elective: Develop real-life conversation skill and fluency. Improve pronunciation so that people can understand better				
15.30-17.30	Supervised self-study in the study centre or optional activities.				

This course can be extended for **up to 8 weeks** - maximum 180 course contact hours

### Outcomes

- Improved personal English language skills: fluency, accuracy and authenticity
- More confidence in using the language
- Enhanced communicative skills
- Improved language skills useful for teaching
- Better understanding of students' needs and behaviour during classes
- Teaching techniques to improve students' motivation
- Deeper Sensitivity to Cultural Diversity
- Teamwork and Interpersonal Abilities
- Better Knowledge of Erasmus+ potential for your own and others' professional development