

# ERASMUS+ Intensive Language & RFL Methodology for Teachers of Russian as a Foreign Language

Course Ref: **EPR 3**

Entry Levels

Minimum Level CEF B1

Daily Teaching Sessions

General Russian

**Morning:** 4 x 50 minutes  
(3 hours 20 minutes)

Language &

Contemporary RFL Methodology

**Afternoon:** 5 mini-group classes  
Flexible schedule

Total course contact hours:  
1 week: 21 hours  
2 weeks: 42 Hours

Maximum class size for the  
morning block - 12

Course Provider:

**Liden & Denz**  
**Intercultural Institute of**  
**Languages**  
**PIC 909919753**

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This course is recommended for non-native speakers of Russian language teaching General Russian to students aged 11 upwards in any kind of educational institution. The course is also suitable for teachers teaching Business Russian and/or any custom-tailored Russian course.

## Objectives

This **course** is designed to further develop personal Russian language skills and to improve language-teaching competence, enhancing both methodology skills and classroom management confidence.

Mornings are in General Russian group classes.

Afternoon lessons are conducted in a mini-group mode and present modern techniques and holistic methodological approaches of teaching Russian as a Foreign Language.

The training target is a new perspective of the aims and objectives of teaching languages in a modern world; a wider methodological scope; interaction-driven versus theory-driven approaches and practical skills.

## Preparation

Pre-course Preparative Modalities:

- Online Language Level Assessment and a phone interview
- Needs Analysis
- Pre-Course Reading List
- Pre-Course Cultural Counselling
- Pre-Course Practical Arrangements

## Practical Arrangements

Intra-Course Modalities offered by the Course Provider

- Course Tutor
- Pedagogic Learning Materials Included
- Exchange of Best Practice
- Participants' Evaluation Feedback
- Pastoral Care, 24 hr Emergency Number
- Accommodation Service
- Optional Cultural Activities and Visits

## Follow up provided

Post-Course Modalities

- Linguistic Profile based on Common European Framework of Reference
- Certificate of Attendance
- Europass Mobility

## RFL Methodology

### Course Topics

#### Teaching without Intermediary Language / Usage of communicative approach

These techniques require a skilful and creative teacher and produce relatively fast progress in forming pragmatic linguistic skills.

#### Proficiency grids and standards in teaching Russian as a Foreign Language

These are not simply ways of describing the students' level but also checklists and diagnostic tools to help teachers adjust the syllabus.

#### Vocabulary building methods at various levels of knowledge

How to choose the right way to introduce new vocabulary to multinational groups of students at different competency levels? The most effective, creative, and useful methods available.

#### Interactive methods

Language is about communicating. Spoken production and overall spoken interaction are the main goals of learning a language, and interactive methods such as picture prompt, discussion groups, total physical response, problem based learning etc. help involve students and boosts language pragmatic competence.

#### Games and role-plays

A practical session on games used as icebreakers, revision, review and discussion starters. Role-play teaching suggestions targeting each language aspect – job interview, jury trial, role reversion etc. Methods of moderating the role-play and implementing it in the syllabus.

#### Online resources

Setting the teacher's role in a modern classroom encouraging students to use online/video resources both as self study material and as an essential part of the learning process. Practical advice and technologies of turning a live TV show/documentary/news extract into a versatile and meaningful lesson related to the syllabus.

#### Pronunciation and Intonation

The importance of practice in this area of linguistic production is explained. An awareness of pronunciation and intonation is instrumental in improving listening ability and making oneself understood. No matter how good grammatical competence, knowledge of vocabulary and overall fluency are, misunderstandings can occur if there are pronunciation problems.

## Course Content and Strategies

General Russian Course is designed to improve participants' own command of Russian and boost their language competence. We have developed an eclectic teaching philosophy combining many aspects of the communicative approach with structured learning of grammar and syntax. Homework is set each day to practise and consolidate the day's work and to enable all the students to progress as effectively as possible. Each student's progress is being monitored through weekly progress tests; end of course test, and self-evaluation/tutorial sessions with the Head teacher (on demand).

The special afternoon programme concentrates on methodology and individual needs. It aims to equip non-native teachers in secondary and primary education with ideas and materials that can be used with their own students.

Lessons are led by professionals and are designed to give an insight into current language teaching methodology and techniques.

Participants can also observe Liden & Denz classes being taught by experienced & qualified native-speaker teachers of Russian.

## Sample Programme

### Two-Week Course - Total number of course contact hours: 42 hrs

WEEK 1	Day One	Day Two	Day Three	Day Four	Day Five
8.30	Welcome				
09.00-12.30	Testing and Class assignment General Russian Group Lessons	Russian Group Lessons	Russian Group Lessons	Russian Group Lessons	Russian Group Lessons
Lunch Break					
5 hours of mini-group classes to be scheduled in the afternoons	1.RFL translation without an intermediary language. 2.Communicative approach. 3.Proficiency grids and standards 4.Learning materials and curriculum. 5.Vocabulary building methods according to level 6.Use of interactive methods. 7.Game-like methods and role-plays in strengthening grammar and discourse skills. 8.Use of online resources in RFL. 9.Use of video footage/image material in teaching RFL according to level.				
13.30 – 14.20					

<b>Sat and Sun</b>	<b>INFORMAL LEARNING: Personal research, cultural visits and activities, practising language skills</b>
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WEEK 2	Day One	Day Two	Day Three	Day Four	Day Five
09.00-12.30	Russian Group Lessons	Russian Group Lessons	Russian Group Lessons	Russian Group Lessons	Russian Group Lessons
Lunch Break					
5 hours of mini-group classes to be scheduled in the afternoons	1.Assessment Standards and teaching methods 2.Pronunciation Improvement methods 3.Task Assignment and Motivation as initiators 4.Methods of teaching reading comprehension 5.Choir singing to enhance pronunciation and vocabulary				
13.30 – 14.20					

### One-Week Course - WEEK 1 or WEEK 2 Total number of course contact hours: 21 hrs

## Outcomes

- Teaching Russian as a Foreign Language skills, activities, games & role-play
- A greater range of methodological approaches in order to enhance classroom practice.
- Improved Language Teaching Practice, Lesson Delivery & Classroom Management Skills
- Improved personal Russian Language Skills - the current state of the language
- Better understanding of students' needs and behaviour during classes
- Insights into current practice in the teaching of Russian as a Foreign Language
- Learning Techniques to improve students' motivation
- Deeper sensitivity to cultural diversity
- Teamwork and Interpersonal Abilities
- Erasmus+ potential for your own and others' professional development
- Access to online sources, websites, textbooks/teaching material