

# ERASMUS+

## Language & Methodology for Teachers of English as a Foreign Language

Course Ref: **EP 3.7/3.4**

### TWO WEEKS

**Intensive English**  
**British Culture**  
**Diversified Classroom**  
**Activities**

#### Entry Level

Minimum Level CEF B2

#### Daily Teaching Sessions

##### Mornings:

4 x 45 minutes (3 hours)  
Weeks One and Two: General English lessons

##### Afternoons:

2 x 45 minutes (1 hour 30 minutes)  
Week One: British Culture  
Week Two: Diversified Classroom Activities

#### Total course contact hours:

1 week: 22.5 hours  
2 weeks: 45 hours

#### Course Provider:

### Richard Language College

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#### in association with:

**Shadows Professional**  
**Development Ltd**

This two week course is aimed at non-native speakers of English teaching EFL to students of all age groups, in various types of schools and for different purposes.

Afternoon Methodology modules for the teaching of a certain age range of pupils/students change weekly. Each module is repeated regularly and may be combined with certain other weekly modules to form two-week courses. Please check this carefully from our published start dates before making your choice.

#### Objectives

This **practical** course develops the participants' personal language skills and presents various techniques and methodological approaches of teaching English as a foreign language.

#### English as a Foreign Language in Practice

For the **morning** sessions, the course tutors will place each participant in an international live English as a Foreign Language class which includes non-teachers. Participants will refresh and develop their personal language skills. Simultaneously, participants may observe in practice many of the skills and techniques taught in the afternoon methodology classes.

Participants will have the opportunity to observe teaching strategies taught in the afternoon methodology classes as well as to practise their language through Listening, Speaking, Reading and Writing. In addition to the consequent increase in personal fluency and confidence in lesson delivery, these sessions will be devoted to refreshing the experience of being a student again. Teachers all too often become stale and lose sensitivity to the real situation of the student. Here they become more acutely aware of learning difficulties from a student's point of view. The methodology tutor will receive and discuss feedback in the afternoon session.

#### EFL Methodology and Teaching Strategies

The **afternoon** sessions cover essential strategies and techniques of teaching language and discuss how to manipulate them in the classroom. The course programme consists of various modules to meet the needs of teachers of different age groups and school types.

#### Weekends

**Weekend days** (on arrival or between two course weeks) are devoted to informal learning through self-study, personal research, cultural visits and activities, exchange of ideas and experience as well as practising language skills in everyday situations.

#### Preparation

##### Pre-Course Preparative Modalities:

- On-line Language Level Assessment
- Needs Analysis
- Pre-Course Reading List
- On-Line Participants' Forum
- Pre-Course Cultural Counselling
- Pre-Course UK Practical Arrangements

#### Practical Arrangements

##### Intra-Course Modalities offered by the Course Provider

- Course Tutor
- Pedagogic Learning Materials Included
- Exchange of Best Practice
- Participants' Evaluation Feedback
- Pastoral Care, 24 hr Emergency Number
- Accommodation Service
- Optional Cultural Activities and Visits

# AFTERNOON MODULE 7: British Culture

This module is suitable for non-native speakers of English, teaching students aged 11 upwards, including adults.

**Course Ref: EP 3.7/3.4**  
**WEEK 1 - MODULE 7**  
**Minimum English Level CEF B2**

## TOPICS

### Education

This session shows an overview of the British education system, recent developments and proposed changes.

### Politics

A variety of areas will be covered, from an overview of the current political system to examining popular culture and politics in the United Kingdom.

### Media

A look at various genres of Culture and Media in the United Kingdom.

### Changing Society / History

The session examines changes in British society. Areas covered could include looking at the changing role of class, gender, and age differences, the rise of consumerism and the decline of organised religion. The aim throughout is to locate current social issues in their wider historical perspective.

### Everyday Life / Customs & Traditions

A good start to gaining some understanding of the lives of people living in a country is to look at their customs and traditions.

## MODULE 7 - Course Content and Strategies

In accordance with the participants' Needs Analyses, the following topics may be presented using a variety of teaching techniques or referred for post-course studies:

- Education
- Politics
- Media
- Changing society / History
- Everyday life / Customs & Traditions

## Week One

(Total course contact hours: 22.5 hrs)

### Sample programme which can be adapted to suit the participants' needs

	Day One	Day Two	Day Three	Day Four	Day Five
8.30 09.15 - 12.35	Welcome Testing and Evaluation  RLC Orientation	General English lesson	General English lesson	General English lesson	General English lesson
Lunch Break					
14.00 - 15.30	Education: - Education System of the UK - Proposed Changes to the system	Everyday Life/ Customs & Traditions: - Unusual customs - Superstitions - Stereotypes - Multicultural society - Etiquette - Social Customs	Media: - Culture at the heart of British communities - Newspapers, opinion and analysis	Changing Society & History: - The People: Class and Religion in the UK - The North-South Divide - Royal Family	Politics: - Examining Popular Culture & Politics in the UK - The Electoral System and political parties -Trade Unions
Sat / Sun	One Full Day Cultural Excursion included per Two-Week course (optional for One-Week course)				

## Outcomes

- Awareness of various aspects of British Culture to give an understanding of British Society
- Improving fluency, personal English Language skills and confidence in lesson delivery
- Improving language teaching practice skills, including classroom vocabulary
- New Techniques and Methodological Approaches of teaching English as a Foreign Language
- Learning Techniques to improve students' motivation
- Sensitivity to Cultural Diversity
- Teamwork and Interpersonal Abilities
- Implementing Discipline and Overcoming Stress
- Better Knowledge of Erasmus+ potential for your own and others' professional development
- How to access, from the participant's own country, changes and developments in English.

## Follow Up Provided

### Post-Course Modalities

- Linguistic Profile based on Common European Framework of Reference
- An EFL Methodology in Practice Course Professional Profile
- Europass
- Post-Course Forum
- Applicant Dissemination and Exploitation Advice

# AFTERNOON MODULE 4: Diversified Classroom Activities

**Course Ref: EP 3.7/3.4**

**WEEK 2 - MODULE 4**

**Minimum English Level CEF B2**

## TOPICS

### Pair and Group Work

In this session different pair work and group work activities are presented and how they can be used to facilitate learning.

### Rhythm, Songs and Rap

As English is a stress timed language, rhythm is an important part of the language. This session shows how songs, chants and rap can be used to improve learners' spoken production in a fun way.

### Role Play

Role play should not be about students memorising chunks of text and reciting it. This session shows how role play can be used in a creative, unscripted way to replicate real life situations and provide students with a 'safe' environment in which to practice their speaking skills.

### Drama

Drama can be used to greatly increase learners' motivation and creative skills. This session shows how students can be involved in all stages of the production, from creating and writing the script to performing the sketch or play.

### Dialogues

Dialogues are a great way to practice the 4 skills, especially if the students write them first. Any topic can be utilised using this activity.

### News and Newspaper Activities

This session will show how authentic news material can be used and exploited not only for advanced level students, but also for lower level students as well.

This module is recommended for non-native speakers of English teaching students aged 10 upwards. The course is also suitable for teachers of CLIL, Business English and English for Specific Purposes.

The module provides the participants with the strategies, skills, activities and language necessary to deliver English language lessons meeting the challenges of education in 21st century Europe. The module discusses how to access, from the participant's own country, changes and developments in English, as well as useful websites.

## MODULE 4 - Course Content and Strategies

In accordance with the participants' Needs Analyses, the following topics may be discussed in-depth, presented in an overview or referred for post-course studies:

- *Pair and Group Work - Rhythm, Songs and Rap*
- *Role Play and Drama - Dialogues*
- *News and Newspaper Activities*

## Week Two

(Total course contact hours: 22.5 hrs)

**Sample programme which can be adapted to suit the participants' needs**

	Day Six	Day Seven	Day Eight	Day Nine	Day Ten
09.15 - 12.35	General English lesson	General English lesson	General English lesson	General English lesson	General English lesson
Lunch Break					
14.00 - 15.30	Pair and Group Work	Rhythm, Songs and Rap	Drama and Role Play	Dialogues	Newspaper and News Activities
Sat / Sun	One Full Day Cultural Excursion included per Two-Week course (optional for One-Week course)				

## Outcomes

- Expanding the participant's range of diversified classroom activities and different methodological approaches to increase quality and success of their teaching.
- New Techniques and Methodological Approaches of teaching English as a Foreign Language
- Improving language teaching practice skills
- Improving personal English Language skills and confidence in lesson delivery
- Better understanding of students' needs and behaviour during classes
- Learning Techniques to improve students' motivation
- Developing sensitivity to cultural diversity
- Teamwork and Interpersonal Abilities
- Better Knowledge of Erasmus+ potential for your own and others' professional development

## Follow Up Provided

### Post-Course Modalities

- Linguistic Profile based on Common European Framework of Reference
- An EFL Methodology in Practice Course Professional Profile
- Europass
- Post-Course Forum
- Applicant Dissemination and Exploitation Advice

**Two-Weeks:** Total course contact hours: 45 hrs